

# SCOTCH CHURCH



## MARCH 2022



***LENT: MARCH 2 THROUGH APRIL 16***

It seems appropriate that as we enter the season of Lent, often thought of as a journey to Holy Week, I enter into your presence as your new pastor and we begin a journey together. During Lent we find we move from the light of Christmas/Epiphany (season of light) to the light of Easter morning. What unfolds for the Christian during Lent is a time of “taking stock” or spending time with God to assess where one is on their journey with God and others. It’s a time to reflect on where one needs to do some pruning, shed the unnecessary or that which weighs one down from being in complete devotion or service to God.

As Scotch Presbyterian Church we will begin to do the same. We will find ourselves on a journey of getting to know one another, to hear each other’s story of God breaking into our life, perhaps disrupting our order, of hearing where each person’s journey as well as the journey of the church intersects with God’s story of salvation. As we study Scripture and yes, are even challenged by God’s Word, where do we find our story or place in God’s story? Perhaps there will be a setting or a character that you identify with, a situation that you hadn’t given much thought to, or a Scripture reading that is particularly challenging and makes you struggle. After all, God broke in thousands of years ago, whether many knew it then or not, when an infant baby was born in a manger. Jesus never gave up on his mission of being the presence of God even as it brought him to a cross of crucifixion. Jesus met people where they were in the ordinary and common of their lives.

Through our corporate worship during Lent both in the time with children and the sermons, common ordinary objects will be used to explore the various ways God makes God’s presence known to us. Dare we see God doing the extraordinary in the ordinary?

I’m excited to begin my journey with you, as we begin our relationship to love and serve the Lord together.

With you on the journey,  
Pastor Betsy

# MAKING LENT PRETZELS: WHAT PRETZELS REMIND US DURING LENT

By Grace Ruiter March 23, 2020

Pretzels are a popular snack year-round today, but they [first became popular](#) as a Lenten food for Christians in the seventh century. The word *Pretzel* is derived from a German word that means “little arms.” The twisted shape of pretzels is meant to resemble two arms crossed in prayer. Making Lent pretzels is a way to remember that Lent is a season of prayer. Baking Lent pretzels is also an opportunity to share the true meaning behind a pretzel’s twist with children. Then every time they eat a pretzel, they can be reminded of the importance of prayer.

## How pretzels became a Lent tradition

Some traditions say that the earliest pretzels were rewards monks gave to their students for reciting their prayers correctly. But they ultimately became popular because of their simple ingredient list. The first pretzels were made with just flour, salt, and water.

Christians in the seventh century followed strict rules about what they could eat during the season of Lent. Meat, dairy, fats, and eggs were all off-limits from Ash Wednesday through Easter. Pretzels could be made with inexpensive ingredients that followed the Lent fasting practices of the time. This made them popular. It was customary to give pretzels to townspeople who were poor on certain days of Lent.

## Making Lent pretzels at home as a reminder to pray

Consider making pretzels with your family or friends during Lent. As you make the pretzels, talk about what the shape of the pretzel symbolizes: that Lent is a time of prayer. Think together about how you can honor the practice of prayer. Before you eat your pretzels, say a prayer. Thank God for the food on your table and request God’s care for those who are hurting or hungry. Just as Christians did in the Middle Ages, you might consider giving some of the pretzels away as gifts.

## Lent Pretzel Prayer

Dear God, we ask you to bless these pretzels which we are about to eat. Each time we eat them may we be reminded that this is the season of Lent, a time of prayer. Help us to remember to pray for those who need our prayers each day. Keep your loving arms around us, O God, to protect us.

In Jesus’ name we pray. Amen.

# Baked Soft Pretzel Recipe

Sources: This recipe is adapted from homemade pretzel recipes by [Alton Brown](#) and [Tasty](#).

## Ingredients

- 1 ½ cups hot water
- 1 tablespoon sugar
- 1 tablespoon salt
- 1 package active dry yeast
- 4 tablespoons (½ stick) unsalted butter, melted
- 4 ½ cups flour (22 ounces)
- 10 cups water
- ⅔ cup baking soda
- 1 egg, beaten and mixed with 1 tablespoon of water

## Instructions

Mix the water, sugar, salt, and yeast together in a large bowl. Let the mixture sit for five minutes, until the yeast starts to bloom (it should look like a layer of foam on the surface of the water).

Add in the butter and flour, and mix until the dough is smooth like satin.

Cover the bowl and let it sit until the dough is doubled in size, about 1 hour.

Preheat your oven to 450 degrees F and spray baking sheets with oil.

Boil water with baking soda in a large saucepan.

Divide the dough into eight pieces. Shape each piece of dough into a 24-inch rope and then twist it into pretzel shape.

Dip each pretzel in the boiling water for 30 seconds on each side before placing it on the sheet pan.

Brush the pretzels with egg wash and sprinkle them with salt.

Bake for 12-14 minutes.

## About the author



[Grace Ruiter](#)

Grace Ruiter is digital content coordinator for the Reformed Church in America.

**WELCOME** Pastor Betsy and Jim Westman, to Scotch Presbyterian Church and the Chipman/Madrid/Waddington communities! I'm afraid that the North Country greeted them with some of its finest wintry weather on the days that they were moving into their home last week, but they returned this greeting with a smile on their faces. We can all look forward to Spring, warmer weather and a new beginning in the life of our Church as we get acquainted.

Pastor Betsy will begin officially on March 1st, and we are looking forward to next Sunday morning, March 6th when we join her for worship in the sanctuary. I will be meeting with her this coming week, and following that will get more information out to you on how to reach Betsy. In the meantime, if you need to get in touch with her.....

Initial contact information for Pastor Betsy is:  
Phone: (518) 260-2744  
Email: [pastorbetsyw@gmail.com](mailto:pastorbetsyw@gmail.com)



~ Mindy Fisher



*In infinite wisdom,  
the Lord surely knew,  
that we would need a Pastor  
as faithful as you.  
A love of God's Word,  
and a heart for His flock  
you give of yourself,  
and stand on His rock.*



## THANK YOU TO THE CONGREGATION

The strength of the Scotch Presbyterian Church not only lies in its structure,  
The strength also is seen in the hearts of this congregation.  
You have shown unity and support for God's plan for us.  
We praise your dedication and devotion to carry on the work of this Church.

**Romans 15:13** *May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit, you may abound in hope.*

~ Contributed by Trudy Fisher

“ People who achieve their goals do so with passion , planning, persistence, and purpose.”

### **The Pastor Nominating Committee is officially dissolved !**

A special thanks is extended by this congregation extends to all who served on this committee !  
Chairman- William Fisher; Mary Lou McKnight, Rick Taylor, Diana Fisher, Robert Crump,  
Cheryl Carr-Dominy and Alison Appleby

You took on a task  
Involving energy and time  
Your goal was a mission  
To seek and thus find  
A pastor to lead us  
With this thought in mind....

Proverbs 16:3

“ Commit your work to the Lord, and your plans will be established.”

You took on the challenge  
And surely displayed  
That with confidence and guidance  
God would show you the way....

Proverbs 3:5-6

“ Trust in the Lord with all your heart; and lean not on your own understanding, In all ways acknowledge him, and he shall direct your paths.”

The Success of Teamwork  
Coming together is a beginning.  
Keeping together is progress.  
Working together is success.  
— Henry Ford

Thank you again for your faithful service !  
PNC — Initiated 4/11/2021      PNC — Dissolved 1/16/2022

May this success be the beginning of tomorrow's achievements.

~ Contributed by Trudy Fisher



# March 2022



**Sun**

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

**Sat**

**“Let every day be an opportunity to create a better world....  
MAKE A DIFFERENCE....**

**6 Welcome to  
Pastor Betsy & Jim  
Volunteer**

**13 MVFD Turkey  
Dinner 11 am-2 pm  
Acknowledge  
a job well done**

**20 Happy B'Day  
to Brandon Acres  
Fill the  
world with love,  
laughter, joy!**

**27  
Be friendly  
and courteous**

**7 Happy Birthday  
to Daniel Dominy  
Remember,  
patience is a**

**14  
Treat people  
with respect**

**21  
Be perceptive  
to people's  
needs**

**28 Happy B'Day  
to Ryan McKnight  
Random act  
of kindness**

**1 Be Grateful  
Share your  
blessings....**

**8  
Adaptable—  
think outside  
the box”**

**15 Happy Birth-  
day Jordan Morgan  
Trustworthy**

**22 Happy Birth-  
day to Jim West-  
man, Cassandra  
McKnight Lend a  
helping hand**

**2 Lent begins  
Focus on the  
positive**

**9  
Please and  
thank you!**

**16  
Forgiveness—  
“we all make  
mistakes”**

**23  
Respect  
cultural  
diversity**

**3 Show  
compassion**

**10  
Listen ...  
without  
judgement**

**17  
Stay healthy...  
mind, body &  
spirit**

**24 Happy Anni-  
versary Jim & Sandy  
Wright on Mar 25  
Charitable**

**4 Strive for  
justice and  
equality**

**11  
Accept  
personality  
differences**

**18 Happy Birth-  
day to Bill Fisher  
Refrain from  
idle gossip**

**25 Happy Birth-  
day Shirley Perkins,  
Katlyn Dominy  
Be accountable  
for your actions**

**5 Share your  
knowledge**

**12  
Lead by  
example**

**19  
Smile and say  
hello**

**26  
Appreciate &  
protect the  
environment**

**A DAY FOR REFLECTION....”ASK  
YOURSELF” .....DID I MAKE A  
DIFFERENCE TODAY?**

**31 Happy Anni-  
versary Jerry & Betty  
Crump**

**30  
PRAY  
FOR  
PEACE**





Our sincere APPRECIATION to Rev. Dennis Lowe, who has led us in worship over this past year since April 18, 2021, and given us a meaningful message and service each Sunday. He has taken a sincere interest in our church and the benediction at the end of every service, has urged us to embrace our ability to help others in whatever way we can...and to look for and to be open to assisting or just providing personal contact for folks who need it. Looking beyond ourselves to share what we have.

Thank you Pastor Lowe for committing the past 10 months of your pastoral leadership to the Scotch Church congregation.





**MARCH  
CELEBRATIONS**  
We celebrate your special day !



We were blessed to recognize Jerry Crump's 92nd birthday last Sunday, February 20, 2022. It was good to see their smiling faces in Church.

Thank you Robert and Sue for making this possible!

**HAPPY "March" BIRTHDAY to...**

6 ..... Jesse Hargrave  
7 ..... Daniel Dominy  
8 ..... Paul Josephson  
10..... Nicholas Beldock  
15.... Jordan Morgan  
17.... Bill Fisher  
20.... Brandon Acres  
22.... Jim Westman  
Cassandra McKnight  
25.... Shirley Perkins  
25.... Katlyn Dominy  
28.... Ryan McKnight

**HAPPY "March" ANNIVERSARY to...**

25.... Jim & Sandy Wright  
31.... Jerry & Betty Crump

Email or phone your dates to me to be added to the calendar so that we can recognize your family's special days.

~ Mindy Fisher

[melindaf70@gmail.com](mailto:melindaf70@gmail.com)

315-323-2642





 Madrid Volunteer Fire Department's  
**69<sup>th</sup> Annual Firemen's  
St. Patrick's Day  
Turkey Dinner**

**March 13<sup>th</sup>**  
**11<sup>AM</sup> - 2<sup>PM</sup>**  
Madrid Waddington  
Central School



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## **MARK YOUR CALENDAR !**

Its that time of year to enjoy a delicious Turkey Dinner prepared by the members of our Madrid Fire Department!

Support our local fire department, and the men  
and women who volunteer to protect our  
Fire District!